



# Jungle Banana Pops



## Ingredients

Bananas

Pineapple

Mango

1 bar of cooking chocolate

Ground mixed nuts

## Equipment

Spoon

Fork

Whisk

Skewers\* (use only under close supervision)

## Method

1. Model how to safely push the fruit onto the skewers, without putting their hands behind the fruit where the skewer will come through it. Children should be closely supervised for this part of the activity, as the skewers can be very sharp on the ends.
2. Show the children how to carefully slice the bananas in half and the other fruits into large chunks.
3. Allow children to carefully slide the fruit onto the skewers, leaving enough skewer to hold at the end.
4. Break up the chocolate in the bowl and melt gradually in the microwave, stirring at intervals.
5. Enjoy dipping the banana-ended skewers into the chocolate and sprinkle with nuts.
6. Lay the banana pops on the greaseproof paper and leave for the chocolate to harden.
7. Enjoy sharing the pops and talk about where the fruits come from, and which jungle creatures might enjoy them!

\*Prepare the skewers before the lesson by boiling them in hot water (this stops them from splintering).