

# Voicing My Opinion



At home, just like at school, there will be times when we have different thoughts or opinions to those around us. We need to ensure we feel confident to voice these thoughts and opinions, while also being respectful to the opinions of others.

In the table below, reflect on times you have had a differing opinion or thought to others, how you expressed it and what the outcome was.

My Thought or Opinion	How I Expressed It	The Outcome

This resource is fully in line with the Learning Outcomes and Core Themes outlined in the PSHE Association [Programme of Study](#).